

# CHRISAL

## INSTRUCTIONS – HOW TO USE CHRISAL'S BIOMIST PIP "ALLERGY FREE" - PROBIOTIC HEALTHCARE SPRAY



***WELCOME TO THE WORLD OF CHRISAL PIP – GREEN PROBIOTIC POWER..!***

### THE FIRST WEEK YOU START USING CHRISAL ALLERGY FREE:

- ❑ **FIRST DAY:** For protection against dust mite & other allergens, change your bedding prior to using PIP (Probiotics-In-Progress) then spray PIP on your bare mattress before making the bed.
- ❑ Shake can before using. Then hold the can at shoulder height with your arm extended (*holding the can straight up, not pointed down*), and just spray as you move your arm from one end of the bed to the other. Mist each side of your bed and pillows for 3 seconds each. *That is all it takes.*
- ❑ Then, as you make your bed, just spray the mattress cover and the bottom and top sheets - and any blankets or covers you use (using the same method as above, just 3 seconds on each).
- ❑ **FOR THE REST OF THE FIRST WEEK** (through Day 7): Each day, just fold back the top layers of your bedding and spray PIP for 3 seconds on the exposed areas and pillows – and on any blanket areas near your face when you fold them back.



### AFTER THE FIRST WEEK:

After the first 7 days of daily use, you only have to spray once every three (3) days..! But, not less than that! Always remember to shake the can before use – and you just spray for 3 seconds on each layer of bedding, pillows and other covers.

- ❑ **DRAPES, FABRIC CHAIRS, COUCHES, STUFFED TOYS, ETC...** - Shake can well. Holding the can shoulder height and moving arm side to side, just mist for 3 seconds.
- ❑ **CARPETS** - Shake can well, hold can at shoulder height and moving your arm side to side, spray while walking until the area is covered. Note that "Over-Spraying" is not needed and only wastes your PIP..!



### Remember:

- ❑ Shake PIP before using
- ❑ Don't overspray – Chrisal PIP is powerful & economical  
Just spray short bursts for a few seconds at a time
- ❑ After the first week, to maintain an allergy-free environment just use Chrisal PIP every 3 days (*or more if you wish*)...



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